

# CROSSWINDS INN DINING FACILITY MENU

## July-10

Menus are subject to change. Call 652-3287 for daily menus.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1 July BBQ</b> BBQ Ribs BBQ Chicken/Baked Chicken Pulled Pork <b>DINNER</b> Roast Pork Loin Chicken Cordon Bleu Oriental Steak	<b>2 BRUNCH</b> Country Style Steak Lemon Herbed Baked Fish <b>DINNER</b> Carribean Jerk Chicken Spaghetti w/Meat Sauce Hamburger Parmesan	<b>3 BRUNCH</b> Beef Yakisoba Crispy Baked Chicken <b>DINNER</b> Pork Chops w/Mushroom Gravy Chicken Enchiladas Baked Ham
<b>4 BRUNCH</b> Grilled Mustard Chicken Breast Sauerbraten <b>DINNER</b> Ginger BBQ Chicken Fried Shrimp BBQ Beef Cubes	<b>5 BRUNCH</b> Roast Turkey Tempura Fried Fish <b>DINNER</b> Baked Chicken Swiss Steak w/onions Hot Italian Sausage	<b>6 LUNCH</b> Meat Loaf Salmon Chicken Fajitas <b>DINNER</b> Braised Liver Roast Loin of Pork Baked Ham, tomato & mac	<b>7 LUNCH (Asian)</b> Yakisoba w/Beef Strips Pork Chop Suey Stir-fry chicken with broccoli <b>DINNER</b> Caribbean Jerk Chicken Salisbury Steak Fish Parmesan	<b>8 LUNCH</b> Mr. Z's Baked Chicken Pot Roast Pasta Primavera <b>DINNER</b> Orange-Spiced Pork Chops Baked Ham Lasagna	<b>9 LUNCH</b> BBQ Chicken Southern Fried Catfish Sukiyaki <b>DINNER</b> Lemon Baked Fish Beef Stew Roast Turkey	<b>10 BRUNCH</b> Baked Fish Chinese 5-Spice Chicken <b>DINNER</b> Savory Baked Chicken Swedish Meatballs Creole Shrimp
<b>11 BRUNCH</b> Stir Fry Beef w/Broccoli Turkey Nuggets <b>DINNER</b> Oven Fried Fish BBQ Spareribs Chicken Breast Parmesan	<b>12 LUNCH</b> Strip Loin Steak Turkey ala King Savory Baked Chicken <b>DINNER</b> Roast Pork Loin Pot Roast White Fish w/Mushrooms	<b>13 LUNCH</b> Spaghetti w/Meat Sauce Stuffed Baked Fish Grilled Mustard Chicken Breast <b>DINNER</b> Teriyaki Chicken Beef Corn Pie Alaska Cheddar Baked Fish	<b>14 LUNCH (Mexican)</b> Beef Fajitas Mexican Baked Chicken Spicy Baked Fish <b>DINNER</b> Beef Ball Stroganoff Turkey & Noodles Teriyaki Pork Chop	<b>15 LUNCH</b> Jaegerschnitzel with mushroom sauce Chicken & Dumplings Baked Ham, Mac & Tomatoes <b>DINNER</b> Herbed Baked Chicken Beef & Noodles Southern Fried Catfish	<b>16 LUNCH</b> Salmon Country Style Steak Spaghetti w/Meat Sauce <b>DINNER</b> Chinese 5-Spice Chicken Stuffed Green Peppers Lemon Herbed Baked Fish	<b>17 BRUNCH</b> Pork Chops w/Mushroom Gravy Chicken Enchiladas <b>DINNER</b> Crispy Baked Chicken Baked Canned Ham Beef Yakisoba
<b>18 BRUNCH</b> Baked Stuffed Fish BBQ Beef Cubes <b>DINNER</b> Mexican Baked Chicken Sauerbraten Baked Fish	<b>19 LUNCH</b> Fried Chicken Chili Mac Braised Liver <b>DINNER</b> Boneless Roast Turkey BBQ Spareribs Tempura Fried Fish	<b>20 LUNCH</b> Fish w/Lemon/Garlic Butter Pork Schnitzel Beef Yakisoba <b>DINNER</b> Roast Loin of Pork BBQ Beef Cubes Chicken Fajitas	<b>21 LUNCH (Italian)</b> Lasagna Spaghetti w/meatsauce Italian Sausage <b>DINNER</b> Spaghetti w/Meat Sauce Swiss Steak w/Brown Gravy Fried Chicken	<b>22 LUNCH</b> Orange-Spiced Pork Chops Baked Ham Beef Corn Pie <b>DINNER</b> Mr. Z's Baked Chicken Pepper Steak Pasta Primavera	<b>23 LUNCH</b> Cajun Baked Fish Beef Stew Roast Turkey <b>DINNER</b> Chili Macaroni Chicken Cordon Bleu Oriental Steak	<b>24 BRUNCH</b> Savory Baked Chicken Swedish Meatballs <b>DINNER</b> Hot Italian Sausage Baked Fish Chinese 5-Spice Chicken

<p><b>25 BRUNCH</b></p> <p>BBQ Spareribs Chicken Breast Parmesan</p> <p><b>DINNER</b></p> <p>Stir Fry Beef w/Broccoli Turkey Nuggets Baked Fish</p>	<p><b>26 LUNCH</b></p> <p>Roast Pork Loin Pot Roast Lemon Garlic Butter Fish</p> <p><b>DINNER</b></p> <p>Salisbury Steak Baked Tuna &amp; Noodles Savory Baked Chicken</p>	<p><b>27 LUNCH</b></p> <p>Chicken ala King Veal Parmesan Alaska Cheddar Baked Fish</p> <p><b>DINNER</b></p> <p>Meat Loaf Stuffed Baked Fish Grilled Mustard Chicken Breast</p>	<p><b>28 LUNCH (Southern)</b></p> <p>Southern Fried Chicken BBQ Spareribs Baked Chicken Southern Fried Catfish</p> <p><b>DINNER</b></p> <p>Lemon Herbed Chicken Jambalaya Veal Parmesan</p>	<p><b>29</b></p> <p>Herbed Baked Chicken Beef &amp; Noodles Southern Fried Catfish</p> <p><b>DINNER</b></p> <p>Jaegerschnitzel with mushroom sauce Chicken Cordon Bleu Baked Ham, Mac &amp; Tomatoes</p>	<p><b>30</b></p> <p>Chinese 5-Spice Chicken Stuffed Green Peppers Lemon Herbed Baked Fish</p> <p><b>DINNER</b></p> <p>Baked Fish Country Style Steak Spaghetti w/Meat Sauce</p>	<p><b>31</b></p> <p>Crispy Baked Chicken Beef Yakisoba</p> <p><b>DINNER</b></p> <p>Pork Chops w/Mushroom Gravy Chicken Enchiladas Baked Canned Ham</p>
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