

DECEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 LUNCH Teriyaki Chicken Veal Parmesan Alaska Cheddar Baked Fish Dinner Southern Chicken w/Dumplings Meat Loaf Mexican Pork Chops	2 LUNCH (Mexican) Chicken Enchiladas Spicy Baked Fish Mexican Baked Chicken Dinner Lemon Herbed Chicken Sweet and Sour Pork Jambalaya	3 LUNCH Herbed Baked Chicken Beef & Noodles Southern Fried Catfish Dinner Roast Pork Loin Chicken Cordon Bleu Veal Jaegerschnitzel w/Mushroom Sauce	4 LUNCH Caribbean Jerk Chicken Country Style Steak Stuffed Green Peppers Dinner Tuna and Noodles Chicken Cacciatore Lasagna	5 BRUNCH Crispy Baked Chicken Ground Beef Yakisoba Dinner Stir Fry Chicken w/Broccoli Pork Chops w/Mushroom Gravy Fish Almondine
6 BRUNCH Chicken Parmesan Baked Fish SUPPER Ginger BBQ Chicken Fried Shrimp Beef Manicotti	7 LUNCH Roast Turkey Ribeye Steak Tempura Fried Fish Dinner Swiss Steak w/Tomato Sauce Baked Chicken Hot Italian Sausage	8 LUNCH Roast Loin of Pork BBQ Beef Cubes Chicken Fajitas Dinner Pork Schnitzel Top Inside Round Yakisoba Fish w/Lemon/Garlic Butter	9 LUNCH (German) Jaeger Schnitzel Sauerbraten Bratwurst Dinner Caribbean Jerk Chicken Salisbury Steak Baked Stuffed Fish	10 LUNCH Mr Zs Baked Chicken Pepper Steak Spinach Lasagna Dinner Pork Chops w/Mushroom Gravy Liver w/Onions Fried Fish	11 LUNCH Chili Macaroni BBQ Chicken Southern Fried Catfish Dinner Shrimp Scampi Beef Stew Boneless Roast Turkey	12 BRUNCH Chinese 5 Spice Chicken Baked Fish Dinner Savory Baked Chicken Swedish Meatballs Creole Shrimp
13 BRUNCH Pork Chop Suey Turkey Nuggets SUPPER Oven Fried Fish BBQ Spareribs Chicken Parmesan	14 LUNCH Spaghetti w/Meat Sauce Strip Loin Steak Glazed Cornish Hens Dinner Roast Pork Loin Pot Roast Baked Stuffed Fish	15 LUNCH Southern Chicken w/Dumplings Meat Loaf Orange Spice Pork Chops Dinner Teriyaki Chicken Veal Parmesan Alaska Cheddar Baked Fish	16 LUNCH (Italian) Lasagna Chicken Cacciatore Spaghetti w/meat sauce Dinner Beef Ball Stroganoff Mexican Pork Chops Turkey/Noodles	17 LUNCH Roast Pork Loin Chicken Cordon Bleu Veal Jaegerschnitzel w/Mushroom Sauce Dinner Herbed Baked Chicken Beef & Noodles Southern Fried Catfish	18 LUNCH Lemon Herbed Chicken Sweet & Sour Pork Jambalaya Dinner Mexican Baked Chicken Country Style Steak Stuffed Green Peppers	19 BRUNCH Stir Fry Chicken w/Broccoli Pork Chops w/Mushroom Gravy Dinner Crispy Baked Chicken Baked Canned Ham Ground Beef Yakisoba
20 BRUNCH Ginger BBQ Chicken Beef Manicotti SUPPER Chicken Parmesan Sauerbraten Baked Fish	21 LUNCH Swiss Steak w/Tomato Sauce Baked Chicken Hot Italian Sausage Dinner Roast Turkey Ribeye Steak Tempura Fried Fish	22 LUNCH Pork Schnitzel Beef Ball Stroganoff Fish w/Lemon/Garlic Butter Dinner Roast Loin of Pork BBQ Beef Cubes Chicken Fajitas	23 LUNCH (Asian) Top Inside Round Yakisoba Sweet & Sour Pork Chinese Five-Spice Chicken Dinner Spaghetti w/Meat Sauce Swiss Steak w/Brown Gravy Fried Chicken	24 LUNCH Pork Chops w/Mushroom Gravy Liver w/Onions Fried Fish Dinner Mr Zs Baked Chicken Pepper Steak Spinach Lasagna	25 LUNCH (Christmas Meal) Roast Turkey Baked Ham Roast Beef Dinner Chili Macaroni BBQ Chicken Southern Fried Catfish	26 BRUNCH Savory Baked Chicken Swedish Meatballs Dinner Simmered Knockwurst Baked Fish Chinese 5-Spice Chicken
27 BRUNCH Oven Fried Fish Chicken Parmesan SUPPER Chicken w/ Broccoli Turkey Nuggets Pork Chop Suey	28 LUNCH Roast Pork Loin Pot Roast Baked Stuffed Fish (fish) Dinner Spaghetti w/Meat Sauce Strip Loin Steak Glazed Cornish Hens	29 LUNCH Teriyaki Chicken Veal Parmesan Alaska Cheddar Baked (fish) Dinner Southern Chicken w/Dumplings Meat Loaf Orange Spice Pork Chops	30 LUNCH (Southern) Southern Fried Chicken BBQ Spareribs Fried Catfish Dinner Lemon Herbed Chicken Mustard Dill Fish Jambalaya	31 LUNCH Herbed Baked Chicken Beef & Noodles Southern Fried Catfish Dinner Roast Pork Loin Chicken Cordon Bleu Veal Jaegerschnitzel w/Mushroom Sauce		